

# by Jeff Carrel Le Fiston



**LE FISTON**  
★  
**TERRES DU MIDI**  
INDICATION GÉOGRAPHIQUE PROTÉGÉE  
2020  
by **JEFF CARREL**

*If « Les Darons » is based on Grenache planted on AOP soil, « Le Fiston » is based on Cinsault on IGP ground. This new IGP appellation incorporates all the counties of of Aude, Hérault and Gard.*



**Appellation:** IGP Terres du Midi  
**Vintage:** 2020  
**Alcohol:** 13%  
**Grape varieties:** Majority of Cinsault

**Terroir:** Silicious-clay and old alluvial deposits.

**Vinification methods:** Destemmed and crushed underfoot, without sulphites / Pruned in Goblet and conventional Guyot form.

**Maturing:** In tanks.

**Tasting notes:**

More floral, fresher and less powerful than Les Darons, it is as authentic an expression of the wines from the Midi as Les Darons are.

**Pairing:**

Great for aperitifs, with a quick snack and ideal with barbecue...

**Recommendations:**

Serve between 12 and 14°C

Ageing potential: 7 to 8 years

